**BMI Data Survey OPT-OUT**

As part of a required school health examination, a student is weighed and height is measured. These numbers are used to figure out the student’s body mass index or ‘BMI’

The BMI helps healthcare providers know if the student’s weight is in a healthy range or is too high or too low.

New York State Education Law requires that BMI and weight status group are included in the student’s health exam.

School districts are selected by the New York State Department of Health to complete a data survey for BMI and weight status every other school year.

Students are NOT identified in this data collection. It is only a collection of the BMI percentiles by the school nurse from the previous school year’s physical exams. Only summary information is sent. No student names or information is sent.

**If you do not want to have your child’s BMI and weight status group information included in the New York State Health Department’s survey this year, please complete this form and return it to the school nurse at your child’s school before January 2023.**

Print your child’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/guardian’s name: ­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/guardian signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_